

Eastland Group



I declare that while I participate in Eastland Group Flywheels event:

- 1 I am aware of the dangers of riding my bicycle / skate board / scooter / roller blades and understand and accept the real risk of injury from the participation in this event;
- 2 I have read and understood the above and acknowledge instructions, whether written or verbal;
- I will abide by the participation rules and directions issued by event/session organiser at the time of the event and will obey all relevant rules, in particular, that I must ride as close to the left hand side of the runway as practicable;
- 4 Briefings, signage, and course marshals, are a service to me and other participators but are not a guarantee of safety;
- 5 Should circumstances require a change of format within the event, I consent to those changes being made by the organisers;
- 6 As the organisers cannot control every eventuality, I release all persons associated with this event from any claim arising out of my participation;
- 7 If I am involved in an accident, I will not seek to blame or make a claim against the organisers, nor will I assist anyone else in making such a claim;
- 8 In the event of an accident I consent to receiving any medical treatment the event organiser or medical or paramedical personnel think necessary;
- 9 I am responsible for the roadworthiness and safety of my bicycle / skate board / scooter / roller blades and the security of all other equipment and personal possessions used in connection with any event or training session;
- 10 If I have concerns with the organisation of this event I will raise them with the organisers first.
- 11 I will wear an appropriate safety helmet and appropriate footwear.

Name _	
Signed_	(Signature of caregiver if participant aged under 18)
Date _	

Event organiser: Eastland Group Limited